

CERTIFICATE

OF PARTICIPATION

This is to certify that

Alfred Tlaka

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 04:28:08

PACE 06:22/km

OVERALL 212 of 440

16 February 2019, Sat

Date

GENDER 186 of

351

50+ 32 of 67



Signature